

Nancys Embroidery Shop  
**Nancys**<sup>TM</sup>  
[www.nancys.co.nz](http://www.nancys.co.nz)

your dedicated  
**BERNINA**<sup>+</sup>  
**SEWING CENTRE**  
 passionate about sewing

**Create with us**

In our shop at 241 Thorndon Quay or on our websites:  
[www.nancys.co.nz](http://www.nancys.co.nz) - unique embroidery & patchwork kits  
[www.theyarnstudio.co.nz](http://www.theyarnstudio.co.nz) - gorgeous knitting yarns, patterns & needles  
[www.jenniferpudney.com](http://www.jenniferpudney.com) - fun needlepoint, felt kits & fabrics

241 Thorndon Quay

FON Newsletter No 106

January 2014

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Welcome to 2014 and our new class syllabus. Our favourite tutors are returning with some exciting new classes as well as old favourites. We also have some fresh new faces that bring

a new perspective. We have had lots of fun making garments for children, we have books with patterns and some of our own free patterns to give away with the purchase of fabric,

including the fun little dress on our project page, the appliqué designed by Rebecca and dress by Tess, modelled by Alana's little sister.  
**Mary**

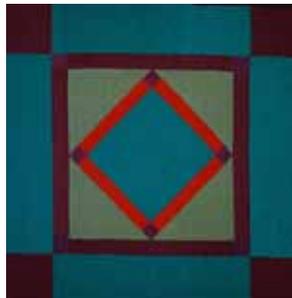
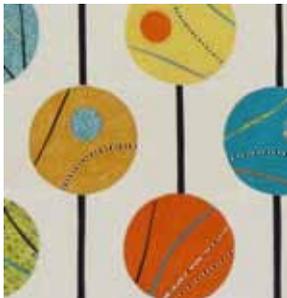
**Syllabus Event**

**Meet the Tutors Evening**

**Wednesday 12 February 6-8pm**

**20% FON discount for class enrolments up until 8pm 12 February**  
**You are welcome to bring a friend to share drinks and nibbles**

**Classes Starting Soon**



**City & Guilds**



Nancys Design and Craft Qualifications Prospectus for 2014 Now Available

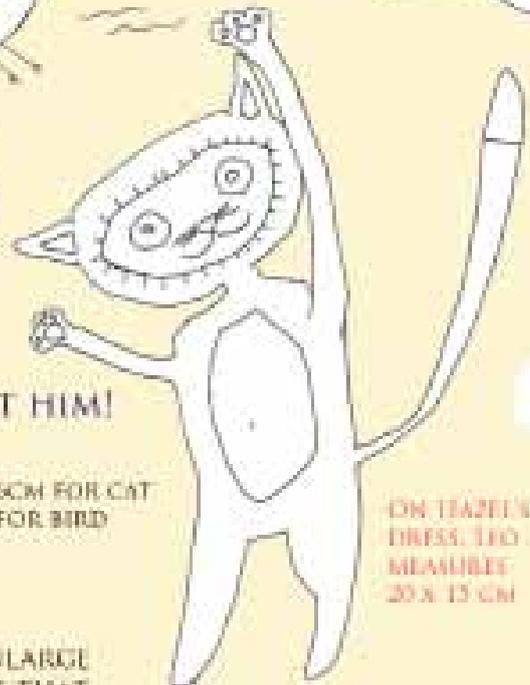
Contact us for a copy or go online [www.nancys.co.nz](http://www.nancys.co.nz) to download a copy.

# PROJECT!

CREATE YOUR OWN  
LITTLE APPLIQUE DRESS:

LEO THE CAT  
REACHES UP TO CATCH  
HIS BIRD FRIEND, PETE

- WHO HAS SNEAKILY  
JUST WHIZZED PAST HIM!



ON HAZEL'S  
DRESS, LEO  
MEASURES  
20 X 15 CM

## WHAT YOU NEED:

- COLOURED COTTON FABRICS IN VARIOUS COLOURS (21X16CM FOR CAT BODY, 17X6CM FOR CAT DETAILS, 32X8CM FOR CLOUDS, 7X5CM FOR BIRD BODY, 7X3CM FOR BIRD DETAILS) - WE HAVE KITS AVAILABLE
- VLISOFIX - 20 CM
- MACHINING THREADS - i.e. MITTID MITTRØDT

VISIT US AT NANCY'S TO COLLECT A FREE PATTERN OR ENLARGE THE SCENE ON THE RIGHT TO POSITION ON THE BODICE THAT WILL FIT THE LITTLE PERSON IN YOUR LIFE!

APPLIQUE: FUSE VLISOFIX ONTO ONE SIDE OF YOUR FABRICS, CUT OUT CAT, BIRD AND CLOUD PIECES AND TRACE AROUND; CUT FABRIC PIECES, PULL VLISOFIX PAPER AWAY, ARRANGE ON BODICE AND IRON PRESS IN PLACE. ENJOY STITCHING AROUND YOUR FABRIC SHAPES USING BLANKET STITCHES.

## SEWING:

- TO MAKE THE SKIRT, SEW THE SHORTER EDGES OF THE LIGHTER GREEN RECTANGLES TOGETHER, THEN DO THE SAME WITH THE DARKER GREEN RECTANGLES.
- HEM ONE LONG EDGE OF EACH 'CIRCLE' OF GREEN FABRIC USING 1.5CM FOR HEM ALLOWANCE, ALTHOUGH THIS CAN BE ALTERED DEPENDING ON THE HEIGHT OF THE CHILD.
- GATHER STITCHES AROUND THE OTHER LONG EDGE OF BOTH CIRCLES OF FABRIC AND PULL THREADS UNTIL FABRIC IS GATHERED TO THE BODICE WIDTH.
- PIN 2 STRAP PIECES TOGETHER AND SEW AROUND THE PERIMETER CLOSE TO THE EDGE, LEAVING A GAP AT THE END. CUT NOTCHES TO STITCHING LINE AROUND THE CURVED EDGES OF THE STRAP. TURN THE RIGHT WAY THROUGH AND PRESS. REPEAT FOR THE THREE OTHER STRAPS.
- PIN THE OPEN END OF THE STRAPS TO THE TOP OF THE BODICE, APPROX 2-3 CM FROM THE OUTSIDE EDGE, AND SEW USING A 0.5CM SEAM ALLOWANCE.
- SEW THE SIDE SEAMS OF THE BODICE PIECES TOGETHER, AS WELL AS THE SIDE SEAMS OF THE BODICE LINING PIECES.
- LAYER THE TWO GATHERED PIECES OF FABRIC ON TOP OF ONE ANOTHER, HOLD THEM TOGETHER AS YOU PIN THE RIGHT SIDES OF BOTH LAYERS TO THE RIGHT SIDES OF THE BODICE, MATCHING SIDE SEAMS, THEN SEW.
- PIN AND SEW THE RIGHT SIDES OF THE TOP EDGES OF THE BODICE LINING PIECES TO THE TOP EDGES OF THE REGULAR BODICE PIECES, CUT NOTCHES UP TO THE STITCHING LINE AROUND THE CURVED AREA OF THE ARMHOLE.
- HOLD BODICE LINING THROUGH THE RIGHT WAY, FOLD ALL RAW EDGES OF WHERE THE SKIRT MEETS THE BODICE UPWARDS, THEN FOLD BOTTOM EDGE OF BODICE SO IT ENCASES THE RAW EDGES, THEN TOPSTITCH.



THANK YOU  
TO OUR  
BEAUTIFULLY  
CHERRY  
MODEL,  
HAZEL!

DESIGNED BY JESS AND REBECCA

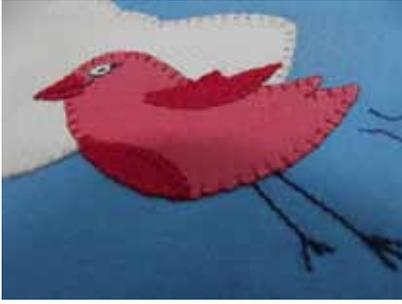
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## MAKING CHILDREN'S CLOTHES

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As we all know, kids' clothes don't play by the same rules as adults' clothes, so that's where the opportunity for real fun lies. Recently at Nancys', we've all been bitten by the kiddie clothes bug, and it's reached a point where a lot of us want adult sized versions of what we've made.

The websites Small Dream Factory (<http://smalldreamfactory.blogspot.com>) and made by Joel (<http://madebyjoel.com>) have been a colossal source of inspiration for our foray into creating for children. Small dream factory has a wide range of free downloadable children's patterns (which won't give your computer viruses- we promise), while Made by Joel has craft inspiration for all ages. Our favourites are the print out cityscapes that can be coloured in as wildly and creatively as your child can conceive.

The blue needlecord (which also comes in red) was transformed by Marjorie into these minute overalls with tilted pockets, lined with quirky robot print peeking and popping out of various places as the finishing touch. If robots or onesies aren't your little ones' thing, then look instead to this soft cotton knit with a chevron print in various shades of pink that we thought would be best used as a pair of leggings. If sophistication with a hint of sweet is more your thing, then a houndstooth pinafore hits the nail on the head when it comes to dressing your little lady. We have such a wide range of fabrics that it's borderline impossible to leave without finding something that both parent and child are drawn to.

But let's not forget that plain fabrics can pack just as much punch as prints. This plain white Woolite (similar to Viyella), an 80/20 percent cotton and wool blend, is luxurious without being overly extravagant. Traditionally, this kind of fabric is used for the likes of nightgowns, but it would work just great for a range of pieces, or a night to day piece (as opposed to day to night) for a day when you and your kid literally just want to roll out of bed and get going. No one needs to know.



We've also been working on a dress with the bodice featuring a scene with a sense of humour- a cat reaching up to catch a bird, which has sneakily just whizzed past him. The scene was put together using applique and a range of plain cottons, but can be just as easily adapted to your tastes, or simply what is lying around in your scrap bin. We have provided a scaled down version of the template in this newsletter, and will also have free full size versions available in-store. We've cooked up kits of the exact colours we used, or you can go forth and pick your own colours, change up the scenery, make something perfectly tailored to the little person in your life.

That's not all - Seek and you shall find at Nancys' Embroidery - our range of trims are the perfect icing on the cake (and just as sweet). Top off your project with rows of pom poms, ric rac or our range of ribbons which vary from acid bright waves to sparkly and sheer. It's easier than ever to help your toddler to the top of the best dressed list. If they can't go wild with clothes before they have a nine to five job and are expected to deal with boring things like power bills, then when can they?



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### Stitching Club for FONs

All Friends of Nancys members are invited to join us for Stitching Club, held on the last Wednesday of the month at 12.30pm. Come along for a social stitch with any type of embroidery or patchwork. It's also a good time to get help with any stitching problems you may have.

Next date: Wednesday 26 February and 26 March 2014

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## PATTERNS ON FABRIC

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Have you ever wondered how an ever changing range of patterns are printed on to fabric?

Textile printing is the process of applying colour to fabric in definite patterns or designs. In properly printed fabrics the colour is bonded with the fiber, so as to resist washing and friction. Textile printing is related to dyeing but, whereas in dyeing proper the whole fabric is uniformly covered with one colour, in printing one or more colours are applied to it in certain parts only, and in sharply defined patterns.

In printing, wooden blocks, stencils, engraved plates, rollers, or silkscreens can be used to place colours on the fabric. Colourants used in printing contain dyes thickened to prevent the colour from spreading by capillary attraction beyond the limits of the pattern or design.

Screen printing is a printing technique that uses a woven mesh to support an ink-blocking stencil to receive a desired image. The attached stencil forms open areas of mesh that transfer ink or other printable materials which can be pressed through the mesh as a sharp-edged image onto a substrate. A fill blade or squeegee is moved across the screen stencil, forcing or pumping ink into the mesh openings for transfer by capillary action during the squeegee stroke. Basically, it is the process of using a stencil to apply ink onto a substrate, whether it be t-shirts, posters, stickers, vinyl, wood, or other material.

Screen printing is also a stencil method of print making in which a design is imposed on a screen of polyester or other fine mesh, with blank areas coated with an impermeable substance (this can be light sensitive emulsion that is hardened in the areas you don't want the print paste to go through). It is also known as silkscreen, serigraphy, and serigraph printing. One colour is printed at a time, so several screens can be used to produce a multicoloured image or design. Andy Warhol made this popular.

While the public thinks of garments in conjunction with screen printing, the technique is used on tens of thousands of items, including decals, clock and watch faces, balloons, and many other products. The technique has even been adapted for more advanced uses, such as laying down conductors and resistors in multi-layer circuits using thin ceramic layers as the substrate.

### Rotary screen printing

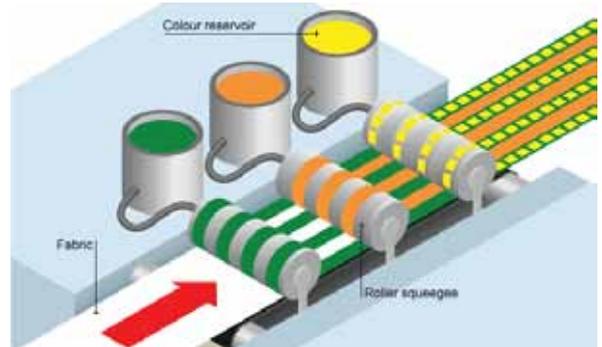
A development of screen printing with flat screens was to wrap the screen around to form a tube, with the ink supply and squeegee inside the tube. One roller is used for each colour. This is a very fast process used in the continuous printing of furnishing and clothing fabrics. Computer aided design allows for the separation of the colours in a painted up design. The maximum number of colours is still limited.

Virtually all the printed patchwork fabric we sell is printed in this way.

### Digital Printing

However, we are starting to see patchwork fabrics come through that have been digitally printed. The real advantage is that a huge number of colours can be printed resulting in some very painterly effects.

Digital textile printing is often referred to as direct to garment printing, DTG printing, and digital garment printing is a process of printing on textiles and garments using specialized or modified inkjet technology. Inkjet printing on fabric is also possible with an inkjet printer by using fabric sheets with a removable paper backing. Today major inkjet technology manufacturers can offer specialized products designed for direct printing on textiles, not only for sampling but also for bulk production. Since the early 1990s, inkjet technology and specially developed water-based ink (known as dye-sublimation or disperse direct ink) has offered the possibility of printing directly onto polyester fabric. This is mainly related to visual communication in retail and brand promotion (flags, banners and so on). Printing onto nylon and silk can be done by using an acid ink. Reactive ink is used for cellulose based fibers, such as cotton and linen. Using inkjet technology in digital textile printing allows for single pieces, mid-run production and even long-run alternatives to screen printed fabric.



The first digital printed collection we have received is *Illuminate* by Flora Bowley. You'll see some of Flora's signature style in the organic forms she painted for her main fabric: birds, leaves, berries, and branches on a free-flowing, intensely colorful background. Companion prints include concentric rings and circles of floating dots. These

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## WHAT'S NEW

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### New DMC Colours

DMC Cottons have been hard at work creating the new colours you see in these impeccably thought out packs. For \$28.80, you not only receive 16 skeins of embroidery floss,

but you also receive the luxury of a smoothly transitioning colour palette without having to spend hours plucking different combinations from the shelves. The range of natural and vibrant colours was chosen to be used in conjunction to effortlessly create more shading and depth within your works. These versatile threads can be used in many different ways, but just in case you're stuck for ideas, the pack includes free designs (also available on the DMC website) to get those creative juices flowing.

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### Triumph LED Light Pad A3

Many use a lightbox and, indeed, they are a brilliant asset for many craftspeople, though many are cumbersome and heavy. Triumph have released an LED Light Pad in both A4 and A3 size which is super thin at only 8mm, lightweight and very portable. PLUS, there is no heat from the light pad so marking pens will not dry out. \$280



- Super bright lighting
  - Adjustable illumination
  - Lightweight
  - Sleek in design, super thin at 8mm
  - Extra comfort working area
  - Easily fits an A3 sheet
  - Quick set up power supply
  - Non-slip pads prevent movement
  - Adaptor included
  - Ready to use
- H 360mm x W 480mm x D



### KnitPro Waves Crochet Hook Set

Crocheting with a hook that's not quite the right size can feel a lot like trying to fit a square peg into a round hole, but buying a range of separate hooks to cover all possible eventualities can feel a bit excessive (and hard to justify), especially when you're prone to losing them. With this pack you get a range of hooks (between 2.0 and 6.0mm) that can create almost anything that you've been planning on. They have brightly coloured handles (which have the added bonus of being an easy and soft surface to grip onto) and are held inside their conveniently windowed case (which comes in pink and green) by strips of elastic, daring you to attempt to lose them. \$73.95

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## Patterns on Fabric contd

are prints to stimulate your imagination. They don't require you to be an artist, but using them will make you feel like one! When asked how she envisions these fabrics being used, Flora answered, "I can easily imagine this fabric being used to create bags, dresses, wrap-skirts, accessories, quilts, pillows and even decorative shower curtains. I can't wait to see where it ends up!" I loved the intensity and painterly effect that just a one inch square contains so have been playing with squares in hand pieced panels. Talking with Dad over Christmas about how strange it is going into houses with no books, I used the words of this quote by Horace Mann "A house without books is like a room without windows," to quilt the first panel. I have finished piecing the second panel and more ideas are on how to use these fabrics are coming fast.... primitive animal shapes appliquéd on to a white textured background.....watch this space. **Mary**



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## WHAT'S NEW

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### ZPAGETTI

Our colourful new addition to the store, "Zpagetti" seeks to combat the fashion industry's notorious reputation for wastage. Offcuts from the fabrics used to create your comfiest sweatpants and t-shirts have been shredded into strips and sewn back together for you to work with in any way that you see fit. The outcome is a texture so unfamiliar and previously unseen that at first glance you'd think that to achieve it you'd have to learn an entirely new skill set. But, believe it or not, as long as you know the basics of knitting or crochet you'll soon be off and away! The balls come in a variety of colours and patterns, and at Nancy's can also pick up your oversized crochet hook and finishing touches such as handles for your freshly made bag. What's more is that the large scale means it's easier than ever to see every detail and pick up dropped stitches, so you'll be able to leave your glasses to gather dust.

For wonderful contemporary design ideas see [www.facebook.com/zpagetti](http://www.facebook.com/zpagetti) and for free patterns see [www.hooiked.nl/uk](http://www.hooiked.nl/uk)

### Zpagetti Floor Pebble Pouf

Very easy to crochet Zpagetti floor pebble design is easy to make and will take you about two evenings of blissful crochet. All you need is one of our jumbo crochet hooks, 3 rolls of similar Zpagetti and a bit of time. The stitches used are chain stitches and trebles (UK crochet terms). An important attribute of Zpagetti is that the width and texture of the yarn varies so it is important to regularly check the size and shape of the floor cushion that you are making.

Step 1: Crochet a round piece for the top of the cushion

The basis of the cushion consists of 1 round crocheted piece with a diameter of approximately 60 cm. You start by making a slip knot followed by 6 chain stitches. Join the last chain stitch with the first chain stitch by using a slip stitch to form a ring.

You will then continue with trebles. Mark the first stitch of each round with a piece of yarn in a different colour. This will help you to keep track of rounds and stitches since the cushion is crocheted into a spiral motion.

Increasing: You will now crochet 8 rounds in a spiral motion. To make sure the piece stays flat, you will have to increase a number of stitches in each crocheted round.

Round 1: crochet 12 trebles into the ring

Round 2: crochet 2 trebles into each stitch = 24 stitches

Round 3: crochet 2 trebles into every second stitch and crochet 1 treble into the other stitches = 36 stitches

Round 4: crochet 2 trebles into every third stitch and crochet 1 treble into the

other stitches = 48 stitches

Round 5: crochet 2 trebles into every fourth stitch and crochet 1 treble into the other stitches = 60 stitches

Round 6: crochet 2 trebles into every fifth stitch and crochet 1 treble into the other stitches = 72 stitches

Round 7: crochet 2 trebles into every sixth stitch and crochet 1 treble into the other stitches = 84 stitches

Round 8: crochet 2 trebles into every seventh stitch and crochet 1 treble into the other stitches = 96 stitches

For rounds 9, 10, and 11, crochet one treble into every stitch.

Decreasing:

Round 12: crochet every seventh and eighth stitch together and crochet 1 treble into the other stitches = 84 stitches

Round 13: crochet every sixth and seventh stitch together and crochet 1 treble into the other stitches = 72 stitches

Round 14: crochet every fifth and sixth stitch together and crochet 1 treble into the other stitches = 60 stitches

Round 15: crochet every fourth and fifth stitch together and crochet 1 treble into

the other stitches = 48 stitches

Finish with a slip stitch.

Fill the cushion with an insert. Use one or two standard 60 cm x 60 cm cushion insert(s) or make a stretch fabric inner cover in a matching or a contrasting colour and fill it with foam, feathers or rags.

Step 2: Crochet a round piece for the bottom of the cushion

Make a slip knot followed by 6 chain stitches. Join the last chain stitch with the first chain stitch to form a ring.

Round 1: crochet 12 trebles into the ring

Round 2: crochet 2 trebles into each stitch = 24 stitches

Round 3: crochet 2 trebles into every second stitch and crochet 1 treble into the other stitches = 36 stitches

Round 4: crochet 2 trebles into every third stitch and crochet 1 treble into the other stitches = 48 stitches

Finish with a slip stitch. Join the top and bottom of the cushion by sewing them together.

Your floor cushion is now ready.



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We're open Monday - Friday 9.30am-5.30pm  
Saturday 10.00am-4.00pm & Sunday 1.00-4.00pm

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## BERNINA 830: Boundless creativity

Early in February a new Bernina 8 series machine is going to be announced here in New Zealand. We will be learning all about it and other exciting developments in machine embroidery at our Bernina Conference.

We will be selling our Demonstration Bernina 830 at the very good price of \$10,999, saving \$3000. This will be fully serviced and have an as new warranty. (Remember our Bernina Warranty is 10 years mechanical and 5 years electrical and electronic).

### More room for creative sewing ideas

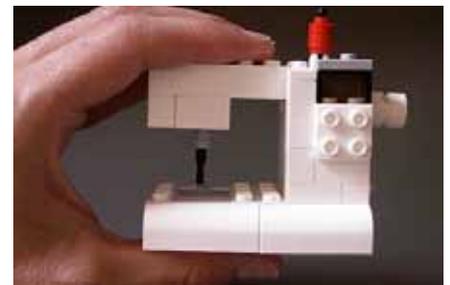
With its generous dimensions, the BERNINA 830 offers significantly more working area than other BERNINA models –plenty of room for your creativity! Extended to 40 cm (15 in.), the BERNINA 830's free arm leaves a generous 30 cm (12 in.) space to the right of the needle, letting you spread out your project and guide it comfortably. This generous design provides enough room even for large quilts, and ensures optimum vision and control when embroidering – with the BERNINA 830, the sewing experience is luxurious.

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## bernette 20

Modern technology wrapped in a young design, the bernette 20 offers state-of-the-art computer technology for your sewing ideas: a computerized sewing machine with a host of clever extras for high-precision creative sewing.

- Built-in needle threader
- Two-level presser foot lift
- Flip-top lid and dust cover
- Recessed handwheel
- Easy stitch selection



### Lego Sewing Machine Tutorial

See the blog from suchitysuch for detailed instructions on how make your very own sewing machine!  
“Notice the throat plate and feed dogs? And then I used the inside of the smallest wheel for the flywheel- it really turns. There is a spool of red thread on top (I like that it is sitting loosely on a tiny black car antenna...as if the tensioner would adjust the tension just like on a real machine). And one tiny grey light makes the bobbin winder. But the best part is the needle/presser foot—it actually looks real—it is a tiny upside down hammer. I think it is a Bernina activa 220- what with all the buttons and the computer screen...”  
[suchitysuch.blogspot.co.nz/2012/05/lego-sewing-machine-tutorial.html](http://suchitysuch.blogspot.co.nz/2012/05/lego-sewing-machine-tutorial.html)

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We have two bernette 20s left from the Christmas sale at only \$599

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### Out of Print Manuals

BERNINA sewing machines tend to be passed from one generation to the next, and many of these machines are still stitching as happily as ever. This section contains the Owner's Manuals that are sadly, no longer available in print. Scanned manuals are

available for printing and downloading so that you may get the most from your treasured heirloom!

If you are missing the manual for your old Bernina Machine try looking at the following link:

[www.bernina.com/en-NZ/Support-3](http://www.bernina.com/en-NZ/Support-3)

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## Zigzag foot with sliding sole # 52 / 52C / 52D



The non-stick sole of this foot is specially coated to ensure smooth gliding over materials that are ‘tricky’ to work with, such as microfibres, plastics, vinyl, leather, etc. The 52D is designed to be used on the 7 and 8 Series of Bernina machines with Dual Feed.

There are other feet such a zipper foot available with the non-slip sole. For more information about accessories and feet that are available for your Bernina machine see the online catalog:  
[www.bernina.com/en-NZ/Support-3/Product-Catalogs-nz](http://www.bernina.com/en-NZ/Support-3/Product-Catalogs-nz)

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## CREATIVE PEOPLE

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The only place where housework comes before needlework is in the dictionary. ~Mary Kurtz



We are very pleased to welcome Adrienne Reid as a tutor. She has been writing her "On the Windy Side" blog for number of years. Her blog is a real show case for Modern Quilts and she currently is hosting the 2014 Pantone Quilt Challenge. The official Pantone colour this year is Radiant Orchid, (last year it was emerald) expect to see it everywhere.

In her words: "I am twenty-something and live in Wellington, New Zealand (it might be famously windy, but you really can't beat Wellington on a good day). By day, I am a lawyer, and in my spare time, I quilt. I live with my sister and my two little devil cats, Ivy and Ralph. My sister thinks my quilting addiction is insane but my cats love it. I also enjoy gardening but am held back by my ridiculous phobia of snails."

<http://thewindyside.blogspot.co.nz>

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### Prison quilters stitch up honours

Congratulations to Janet Forbes & June Nixey who have been recognised in the New Year Honours for sharing their passion for quilting with the women in Arohata Prison. The lovely ladies are volunteers from Shut in Stitchers and have been teaching the inmates how to make quilts since the 1990s. Well deserved! When speaking to Janet this week, she recognised that they weren't the only ones involved and appreciates all the other volunteers that teach and the others who donate materials and equipment.



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### Farewell to Marjorie

Last year Marjorie became a Grandma to a baby in Australia and another is on the way, so she would like more flexibility to visit so we have reluctantly farewelled her from the shop floor. She will be back relieving sometimes and of course still teaching.

## NOTICES

### Days our staff work

Alana	Wednesday-Saturday
Anna	Thursday-Monday
Denise	Monday - Friday
Marilyn	Monday - Tuesday, Friday - Saturday

Mary	Sunday - Thursday
Rebecca	Tuesday - Friday
Sara	Monday & Thursday
Tess	Tuesday & Wednesday

## FON Subscriptions

The subscription of \$25 per annum offers newsletter, FON monthly Stitching Club, 10% discount off stock and class enrolment fees, and other special discounts. Discounts do not apply to cushion, bellpull and wallhanging construction, sewing machines and overlockers and Horn Cabinets.

Note: Membership is limited.

If your Friends of Nancys subscription is due for renewal the newsletter will have a highlighted 'R' by your name on the address label and a renewal form enclosed. Please pay promptly as FONs with unpaid subs are removed from the list and their number reallocated.